



**THE ASSOCIATED BOARD OF DANCE CS & NW AREA
 MEDALLIST OF THE YEAR 2020
 SATURDAY 11TH JULY 2020
 Swinton Palais, 11A Station Road, Swinton. Manchester M27 6AH
 Doors open 9.15am First round 10am
 Tickets £15 per person**

SECTION ONE – PUPIL WITH PARTNER

1	Under 8 Gerry and Ginger	Waltz	67	Cha Cha Cha
2	Under 10 Intro	Waltz	68	Cha Cha Cha
3	Under 10 Bronze	Tango	69	Rumba
4	Under 10 Silver	Quickstep	70	Jive
5	Under 10 Gold & Above	Foxtrot	71	Samba
6	Under 12 yrs Intro	Waltz	72	Cha Cha Cha
7	Under 12 yrs Bronze	Quickstep	73	Rumba
8	Under 12 yrs Silver	VW	74	Jive
9	Under 12 yrs Gold and Above	Foxtrot	75	Samba
10	Under 14 yrs Intro	Waltz	76	Cha Cha Cha
11	Under 14 yrs Bronze	Quickstep	77	Rumba
12	Under 14 yrs Silver	VW	78	Jive
13	Under 14 yrs Gold and Above	Foxtrot	79	Samba
14	Under 16 yrs Intro	Waltz	80	Cha Cha Cha
15	Under 16 yrs Bronze	Quickstep	81	Rumba
16	Under 16 yrs Silver	VW	82	Jive
17	Under 16 yrs Gold & Above	Foxtrot	83	Samba
18	16-24 yrs Intro	Quickstep	84	Cha Cha Cha
19	16-24 yrs Bronze	Tango	85	Rumba
20	16-24 yrs Silver	Waltz	86	Jive
21	16-24 yrs Gold & Above	Foxtrot	87	Samba
22	25-34 yrs Intro	Quickstep	88	Cha Cha Cha
23	25-34 yrs Bronze	Tango	89	Rumba
24	25-34 yrs Silver	Waltz	90	Samba
25	25-34 yrs Gold & Above	Foxtrot	91	Jive
26	35-49 yrs Intro	Quickstep	92	Cha Cha Cha
27	35-49 yrs Bronze	Tango	93	Rumba
28	35-49 yrs Silver	Waltz	94	Samba
29	35-49 yrs Gold & Above	Foxtrot	95	Jive
30	50-59 yrs Intro	Quickstep	96	Cha Cha Cha
31	50-59 yrs Bronze	Tango	97	Rumba
32	50-59 yrs Silver	Waltz	98	Samba
33	50-59 yrs Gold & Above	Foxtrot	99	Jive

34	60 & Above Intro	Quickstep	100	Cha Cha Cha
35	60 & Above Bronze	Tango	101	Rumba
36	60 & Above Silver	Waltz	102	Samba
37	60 & Above Gold & Above	Foxtrot	103	Jive
38A	Under 16 Special Awards	Waltz	104A	Cha Cha Cha
38B	Over 16 Special Awards	Waltz	104B	Cha Cha Cha

SECTION TWO – SOLOS

39	Under 8	Waltz	105	Jive
40	Under 10	Waltz	106	Jive
41	Under 12	Waltz	107	Jive
42	Under 16	Waltz	108	Jive
43	16-35 yrs	Waltz	109	Jive
44	Over 35	Waltz	110	Jive

SECTION THREE- NEWCOMER COUPLES

45	9 and Under	Waltz/Quickstep	111	Cha /Jive
46	Up to 11 Years	Waltz/Quickstep	112	Cha /Jive
47	12-15 years	Waltz/Quickstep	113	Cha /Jive
48	16-34 years	Waltz/Quickstep	114	Cha /Jive
49	35-49 years	Waltz/Quickstep	115	Cha /Jive
50	Over 50	Waltz/Quickstep	116	Cha /Jive

SECTION FOUR-COUPLES

51	9 and Under	Waltz/Quickstep/Tango	117	Rumba/cha /Jive
52	Up to 11 Years	Waltz/Quickstep/Tango	118	Rumba/cha /Jive
53	12-15 years	Waltz/Quickstep/Tango	119	Rumba/cha /Jive
54	16-34 years	Waltz/Quickstep/Tango	120	Rumba/cha /Jive
55	35-49 years	Waltz/Quickstep/Tango	121	Rumba/cha /Jive
56	Over 50	Waltz/Quickstep/Tango	122	Rumba/cha /Jive

SECTION FIVE- ALTERNATIVE SOCIAL DANCE (SOLO UNRESTRICTED)

57	Under 8	Non-Acrobatic dance
58	Under 12	Non-Acrobatic dance
59	Under 16	Non-Acrobatic dance
60	Over 16	Non-Acrobatic dance

SECTION SIX- MODERN SEQUENCE

61	Juvenile	Engagement Waltz/Quando Quickstep	125	Sally Ann Cha/Samba Katrina
62	Junior	Engagement Waltz/Quando Quickstep	126	Sally Ann Cha/Samba Katrina
63	Adult	Engagement Waltz/Quando Quickstep	127	Sally Ann Cha/Samba Katrina
64	Open Adult	Tinks Waltz		

SECTION SEVEN – PARENT/CHILD COMPETITION

65	Parent / Child Juvenile	Waltz	128	Cha Cha Cha
66	Parent/ Child Junior	Waltz	129	Cha Cha Cha

RULES:

1. **Dress code: Competitors under the age of 12 are restricted to wearing plain dress/clothing with no sequins/sparkle/diamante etc.**
2. **No dress restrictions in section 4 or 5.**
3. **In all other sections, leaders are restricted to short jackets and waistcoats; followers have no restrictions.**
4. **For the graded events, the following ABD syllabus steps are permitted:**
 - a. **Gerry & Ginger = Gerry & Ginger syllabus**
 - b. **Intro/Ribbons = Intro syllabus**
 - c. **Bronze = Associate syllabus**
 - d. **Silver = Licentiate syllabus**
 - e. **Gold and above = Over 16's unrestricted / 15 & under Fellowship syllabus**
5. **'Newcomer' couples are defined as having danced together for under one year**
6. **Competitors may dance in a maximum of 1 event in each section, in each genre (i.e. Latin & Ballroom) apart from children's Solo. (ie. 2 maximum one age higher).**
7. **Section 1: May be partnered by an Amateur or Professional.**
8. **Please note that the syllabus is to be implemented and is enforced by the CS & NWE Area Chairman. We shall have an invigilator in attendance on the day.**
9. **Graded events – pupil is to dance in the highest grade or above**
10. **Section 5: Alternative Social dance can include as an example: Disco, Freestyle, contemporary or show dance. This is to be a Non-Acrobatic dance.**
11. **Entries can be in advance by the 28th June 2020 or on the day.**
12. **Parent and child is strictly parent/grandparent or step-parent only**